

This book is part of the Inuutsiarniq Reading Series developed by the Department of Health in Nunavut. The Inuutsiarniq Reading Series is a unique, Nunavut-developed literacy initiative that infuses Northern values of healthy living and self-care into a culturally appropriate reading program.

The Inuutsiarniq Reading Series was developed to support the reading level guidelines outlined in the Department of Education's Inuktitut reading program, Uqalimaariuqsaniq. Uqalimaariuqsaniq is a sequential and progressive Inuktitut reading program that supports students in their development from emergent to independent readers.

Healthy behaviours start at home. Healthy children become healthy adults. For more information, visit www.gov.nu.ca/health and your local Health Centre.

Family Engagement/ It Starts at Home

A child's success as a reader is dependent on supportive home and school environments. Reading, and a love of reading, begins at home. The Department of Health has developed a series of levelled take-home books to support reading at home. The following is a list of things you can do to support children as they become independent readers.

Keep distractions to a minimum. Find a quiet place to read and talk about the book. Even the best readers have a difficult time focusing on reading when there are too many distractions.

Take turns. Read to the child, read with the child, and let the child demonstrate his or her reading skills to you. This will help you provide gentle corrections, and it will provide an opportunity for the child to show you how he or she is improving.

Read it again and again. It is good to read the book a few times. Repetition helps strengthen learning and develops a child's confidence in reading.

Ask questions. As you read through the book, pause and ask questions about what is going on. This will help the child think about what he or she is reading, and will reinforce reading comprehension.

Focus on successes, not mistakes. All early reading experiences should focus on praising success, as this will build confidence in the child.

Talk about the symbols or letters and sounds. Help the child learn the names of the symbols or letters and the sounds they make. Point out other things around the house that start with the same sound.

Read it and experience it. If possible, make connections between what the book is about and what happens in life. For example, if the book is about food, talk about food you eat together at home.

Book details

Level: 10

Text Type: Non-fiction

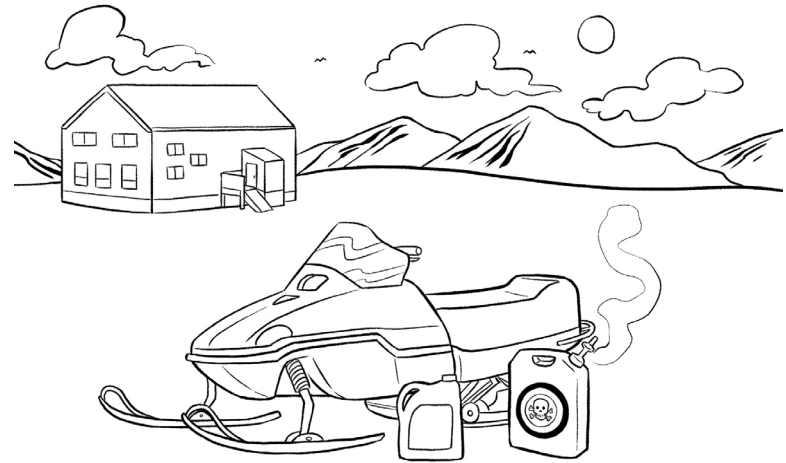
Subject/themes: Unsafe household products, how to handle unsafe substances, protective gear, emergency protocol for poisonous substances

Key features: Glossary, list of unsafe household products, present and future tense



Household products have many uses. They can clean our homes and keep machines working properly.

But many household products can hurt you if you aren't careful.



Cleaners, house paint, and many other liquids are **unsafe substances**. We keep them around our homes because they have jobs to do. For example, gasoline helps power our vehicles.



Only adults should use unsafe substances.
Unsafe substances will often have a hazard symbol. A **hazard symbol** shows if a substance is **poisonous**, causes burns, or might explode.



Some substances are **corrosive**. Toilet bowl cleaners and laundry bleach are corrosive.

If you use a corrosive substance with the help of an adult, wearing rubber gloves or eye goggles can help protect you.

If a corrosive substance touches your skin, tell an adult right away and run the area under cold water.



Many cleaners give off smelly fumes. **Fumes** can hurt your lungs or cause headaches and dizziness.

Always read warning labels. If you breathe in fumes, tell an adult right away and then go outside together away from the fumes.



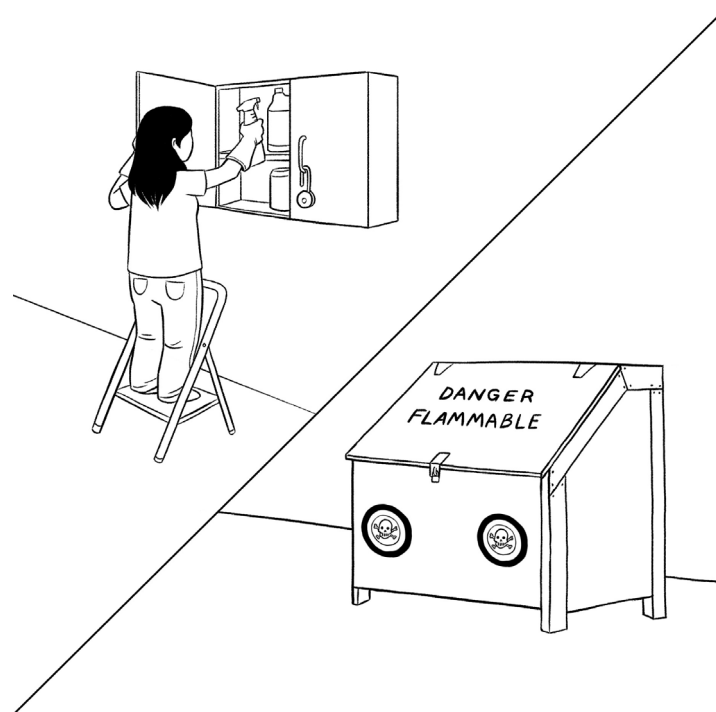
Gasoline and many other substances are poisonous. Poisonous substances should never, ever be swallowed.

If you swallow one, tell an adult right away. You should go to the health centre. The adult should call the RCMP if the health centre is closed.



Unsafe substances should always be kept in their original containers.

If they are put into food containers such as vinegar or pop bottles, someone in your family may accidentally drink or eat them. This could hurt or kill someone!



Every unsafe substance should be kept in a locked cabinet or on a high shelf whenever it's not being used.

Remember, any substance that can hurt you is unsafe! Never play with them. Be smart and stay safe with unsafe substances.

Glossary

corrosive: a substance that can burn or destroy your skin, eyes, throat, and stomach.

fumes: a gas or vapour that often has a strong smell and is dangerous to breathe in. Fumes can't be seen.

hazard symbol: an image that shows us how a product is dangerous.

poisonous: a substance that can hurt or kill you if you eat, drink, or breathe it.

unsafe substances: solids, liquids, and gases that are dangerous and can cause harm or death.

Some Unsafe Substances

Talk to a nurse at your health centre for more information.

- **Kitchen and bathroom:** glass cleaner, toilet bowl cleaner, oven cleaner, drain cleaner, surface cleaners, dish detergent
- **Around the house:** furniture polish, floor cleaner, carpet cleaner, house paint, batteries
- **Laundry:** laundry detergent, fabric softener, bleach
- **Vehicle care:** gasoline, antifreeze, windshield washer, motor oil
- **Personal:** nail polish, nail polish remover, shampoo, hairspray, cologne, perfume

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