

Miatut Uiqqalaangitullu Timivut Ingutaaqtigit  
Move Your Body with Mia<sup>and</sup> the Monsters





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Published by Arvaaq Books | [www.arvaaqbooks.com](http://www.arvaaqbooks.com)

Arvaaq Books is an imprint of Inhabit Education Books Inc. | [www.inhabiteducation.com](http://www.inhabiteducation.com)

Inhabit Education Books Inc.

(Iqaluit) P.O. Box 2129, Iqaluit, Nunavut, X0A 1H0

(Toronto) 191 Eglinton Avenue East, Suite 301, Toronto, Ontario, M4P 1K1

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**Inuinnaqtun Working Group**

Gwen Angulalik

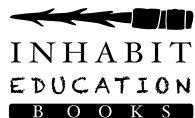
Julia Ogina

Rosemarie Meyok

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Printed in Canada.

ISBN: 978-0-2287-0473-7



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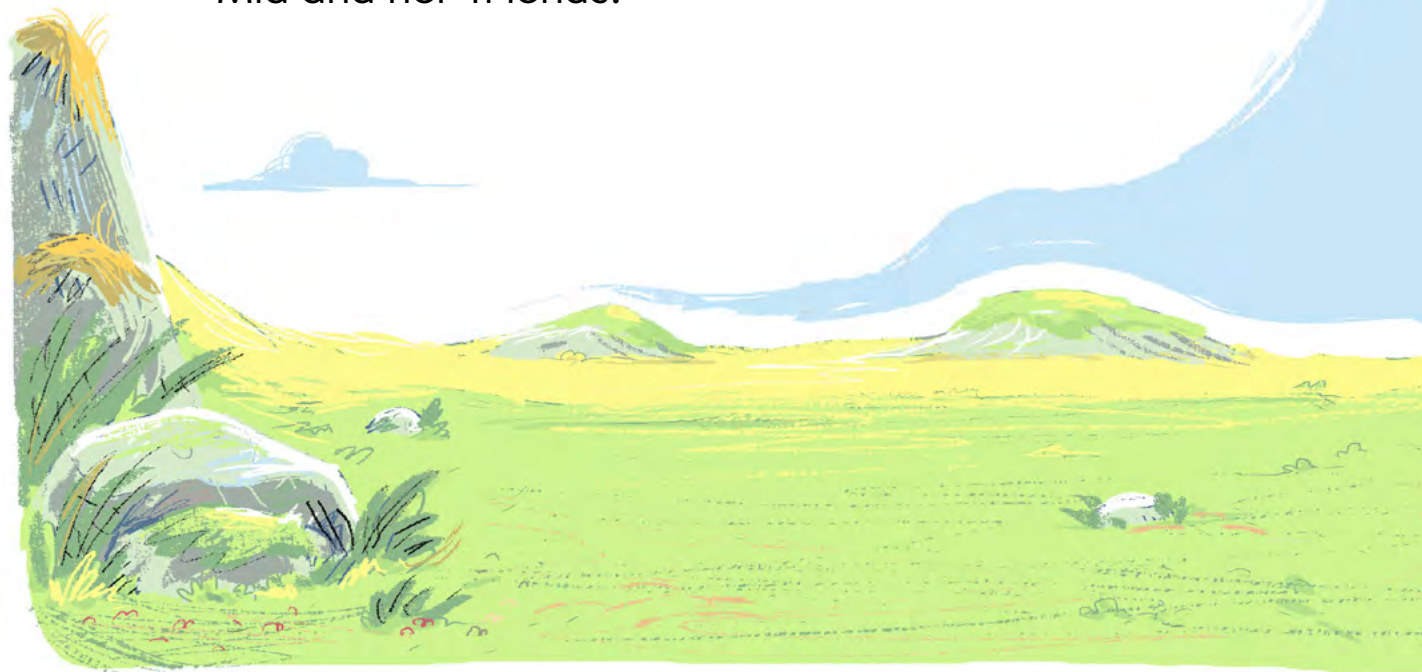
## Move Your Body with Mia<sup>and</sup>the Monsters



Titiraqtaa Written by  
Neil Christopher  
Titiraujaqtaa Illustrated by  
Sigmundur Thorgeirsson

Ingutaaqatiginnaqhivavut Mia ilannaillu!

It's time to move your body with  
Mia and her friends!







Inugatit ingutaaqtittaaqqigit Miatut?

Can you wiggle your fingers like Mia?



Putugutit ingutaaqtittaaqqigit Ooptut?

Can you wiggle your toes like Oop?







Niaqqut ingutaaqtaaqqiuk Qallutut?

Can you turn your head like Qallu?



Tuikkit ingutaaqtittaaqqigik Mucktut?

Can you shrug your shoulders like Muck?







Ihaktaaqit Miatut?

Can you reach up like Mia?



Ikuhikkik iqitiqattaqtaaqqigik Tulutut?

Can you bend your elbows like Tulu?







Itikkakkik tukkaqtaaqigik Ooptut?

Can you stomp your feet like Oop?



Hiitqukkik aquffiqattaqtittaaqqigik Qallutut?

Can you bend your knees like Qallu?

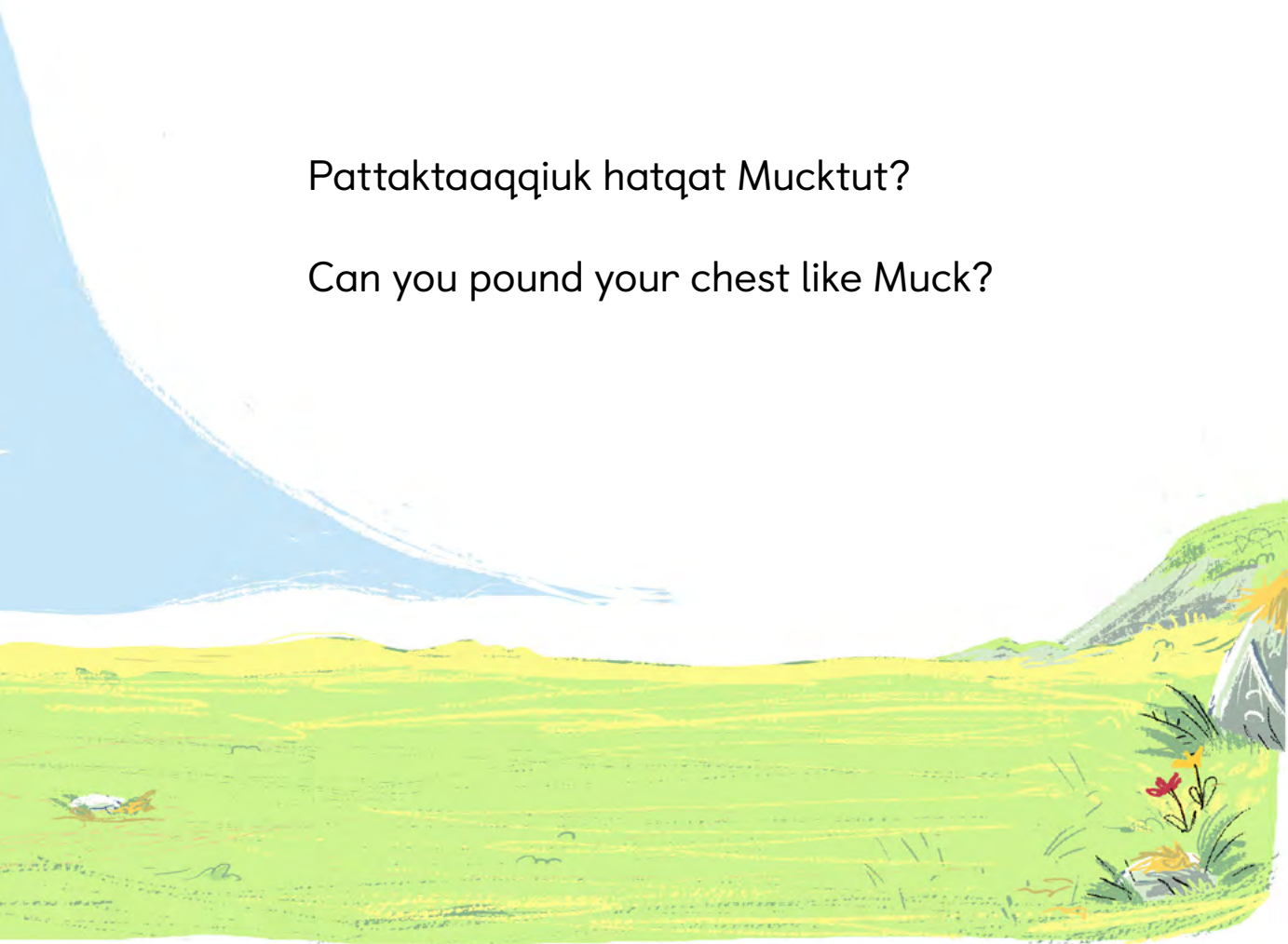






Pattaktaaqqiuk hatqat Mucktut?

Can you pound your chest like Muck?



Qilgiqtaqtaaqit Miatut uiqqalaangitullu?

Can you jump up and down like Mia and the  
monsters?







Ajuittutit! Iqillugit ilannatit!

Great job! Now hug your friends!





ARVAAQ  
BOOKS





## Timivut ingutaaqtigit!

Uvani ilaupkaidjutilingmi taiguagakhami, nutaqqat ulapqiatiginiaqtait Mialu uiqqalaangillu ilannait, uuktuqhugit ingutaarutit takunnaqtut taiguagakhami.

Una ilaupkaqtaivaktuq taiguagakhaq, nutaqqat ilauqujaujaujut unipkaami naalaktamingni. Tiliurutikkut titiraqhimajuniluunniit, nutaqqat ulapqitqujaujut, ingutaaqujaujut, nivjaaqujaublutigliunniit taiguagakhamiittunik.

## Let's move our bodies!

In this interactive book, children can play along with Mia and her monster friends, trying out the movements shown in the book.

With interactive books, children are encouraged to actively participate in the stories they are listening to. Through directions or instructional text, children are encouraged to play, move, or make sounds along with the characters in the book.



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ISBN 978-0-2287-0473-7



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